

ABOUT LINDA ALBERT

Since publication in *McCall's Magazine* and *The Wall Street Journal* in the 1960s, Linda Albert's poems and essays have appeared internationally in numerous magazines, journals and anthologies. She is a recipient of the Atlanta Review Merit Award, an Olivet College Sonnet Competition prize, three Dyer-Ives Foundation Poetry Prizes, and the author of *Charting the Lost Continent: Poetry and Other Discoveries* (Rainbow River Press, 2020).

A spiritual preview at age 29 inspired Linda to a quest for personal wholeness and ways to give back to others. Acting, directing, reading, research, real estate sales, and workshops ranging from writing, shamanism, intuition training, spiritual direction and mind development to graduate university classes ultimately led her to teaching.

She became master certified in Neuro-Linguistics, a unique approach to communication offering practical applications to her work, life, and writing. A listening trainer at a communications consulting firm, she later founded her own coaching practice, and also taught at education centers in Michigan and Florida.

The psychology of Carl Jung with its emphasis on individuation—a second half of life directive to live as courageously and authentically the largest lives of which we are capable—aligned with Linda's inner calling. After her husband's death, she studied at the Assisi Institute, the International Center for the Study of Archetypal Patterns earning certifications in Archetypal Pattern Analysis and Dream Translation, focusing most recently on conscious and creative aging.

A Detroit native and mother of four, Linda lives full-time in Sarasota, Florida. Visit her online at www.lindaalbert.net.