

## BIO FOR INTRODUCTION & ARTIST'S STATEMENT LINDA ALBERT

### BIO FOR INTRODUCTION (Word Count: 159)

---

Poet Linda Albert is a certified Archetypal Pattern Analyst, life coach, and writing mentor. She has lectured, designed, and facilitated workshops nationally for over three decades to professional and business groups and non-profit organizations, as well as taught extensively through the Emeritus Center of Aquinas College in Michigan, the C.G Jung Society, The Longboat Key Education Center, and the Women's Resource Center. Linda's love of the arts is reflected in her work as a former theater director and through her writing. Her essays, short stories, and award-winning poems have appeared internationally in numerous magazines, journals and anthologies. A recipient of the *Atlanta Review* International Merit Award and the Dyer-Ives Foundation Poetry Prize, her poetry is influenced by her interest and academic training in Jungian archetypes and neuro-linguistics, the changing roles of contemporary women, and her personal joys, struggles and insights. She is the author of the book, *Charting the Lost Continent: Poetry and Other Discoveries* (Rainbow River Press, 2020).

### ARTIST'S STATEMENT/QUOTATION (Word Count: 138)

---

“I have always had a fascination and love for words; their challenging possibilities for, and often maddening barriers to, connecting communication. Early on, rhyme and rhythm seemed to be my bridge. My poetry is influenced by the filters of my own life experiences: the joys, challenges, agonies and satisfactions of relationships; the struggles, restrictions and bonuses of being born female; my interest and academic training in neuro-linguistics, dreams, and Jungian Archetypal Pattern Analysis. Since finishing my thesis several years ago on the archetype of aging, I have been occupied with the subject and realities of conscious and creative aging. My writing reflects an attempt to interpret or make peace with the mysteries of life, while hoping to create a dialogue with others in the continuing exploration of what it means to be a member of the human race.”